

MOTIVATIONAL T-SHIRT DESIGNS or EMOTIONAL THEORIES



Let's get motivated and excited about psychology. Create a t-shirt that incorporates a motivational theory and/or theory of emotion. Your shirt should include a term and a visual of the definition. The visual can be an image or slogan.

Possible terms

Motivation	Emotion
Drive-reduction theory	James-Lange Theory
Incentive theory	Cannon Bard Theory
Maslow's hierarchy	Schachter-Two-Factor or Schachter-Singer
Yerkes-Dodson/Inverted "U"	Lazarus' cognitive model of emotion
(Optimal) Arousal theory	Zajonc's contribution to emotion
Internal Locus of Control	Opponent process theory of emotion
External Locus of Control	Facial Feedback theory
Motivational conflicts – <ul style="list-style-type: none"> • Approach-Approach • Approach-Avoidance • Avoidance-Avoidance 	
Intrinsic Motivation	
Extrinsic Motivation	
Overjustification Effect	
Lateral/Ventromedial hypothalamus	
Set-point theory	

Students can research topics and create shirts or make shirts as a review/assessment post lessons on the topics.