

# ***STUDY GUIDE – Personality***

**DIRECTIONS:** Use your textbook, class discussion, and any other available resource(s) to complete the following questions.

1. Define **Personality**.
2. How do Personality **Traits** and Personality **States** differ?
3. What are the main ideas of the **Psychoanalytic Theories** on personality and who developed them?
4. List and briefly describe Freud's **Three Levels of Consciousness**.
5. Briefly describe the **ID, EGO, and SUPEREGO**.

ID	EGO	SUPEREGO

6. What happens when the Id's desires and Superego's rules cannot be satisfied?
7. Review the section in the book and any worksheets on Defense Mechanisms prior to the test!
8. In what ways to Freud believe you could explore the unconscious?
9. What are the main ideas of the **Learning Theories** on personality?
10. What are the main ideas of the **Humanistic Theories** on personality?
11. What are the main ideas of the **Trait Theories** on personality?

12. Briefly describe the **Big Five Personality Theory**?

13. What is the point of **Personality Tests**?

14. The MMPI and Myers Briggs Test are both PROJECTIVE Personality tests. Briefly describe the **MMPI** and **Myers Briggs Test**.

MMPI	MYERS BRIGGS TEST

15. The Rorschach Inkblot Test and TAT are both OBJECTIVE Personality tests. Briefly describe the **Rorschach Inkblot** and **TAT** Test.

RORSCHACH	TAT

16. How are **Objective** and **Projective Tests** different?