

### **Motivation, Emotion, Stress, Intelligence Test Review**

Be familiar with the following terms/concepts listed below. The students who are most prepared will review any handouts, notes, and all reading assigned during this unit. The list below is NOT comprehensive – anything covered during the unit is fair game and may not necessarily be listed below.

- **Motivation Theories** (Motivation Definition, Instinct Theory / Evolutionary Perspective, Drive-Reduction Theory [Push and Pull Factors, Drive], Maslow's Hierarchy of Needs)
- **Hunger Motivation** (Drive, Homeostasis)
- **Needs for Achievement** (Intrinsic Motivation)
- **Motivation at Work and School** (Incentives, Way a Teacher Could Motive Students)
- **Emotion Theories** (Emotion Definition, James-Lange Theory, Cannon-Bard Theory, Singer-Schachter Two-Factor Theory, Experienced and Expressed Emotion)
- **Experiencing Emotion** (Love – Not a Culturally, Universal Emotion, Amygdala, Stressors, Catharsis)
- **Stress and Health** (Polygraph – Physiological Reaction, Hans Selye's General Adaptation Syndrome [Alarm, Resistance, and Exhaustion])
- **Intelligence** (Intelligence Definition, Factor Analysis, Gardner's Multiple Intelligences, Emotional Intelligence, Robert Sternberg's Triarchic Theory of Intelligence [Creativity], Requirements for a Good Test [Responsiveness], Achievement Test, Aptitude Test, Standardized Test, Reliability, Subjective Well Being, Validity, General Intelligence, Biology and Intelligence)

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