

STUDY GUIDE – PSYCHOLOGICAL DISORDERS

DIRECTIONS: Use your textbook, class discussion, and any other available resource(s) to complete the following questions.

1. How do psychologists differentiate between normal and abnormal?
2. What is the DSM-IV?
3. What are the dangers of labeling?
4. What is insanity? What does “not guilty by reason of insanity” mean?
5. What is Anxiety?
6. List several of the Anxiety disorders included in the DSM-IV?
7. What is OCD?
8. What is PTSD and what can cause it?
9. What is a Somatoform disorder?
10. List several of the Somatoform disorders?
11. What is Dissociative Identity Disorder? List some of the movies that are examples of this disorder.
12. What is Schizophrenia?
13. Explain how hallucinations and delusions are different?

14. Briefly explain the symptoms of Major Depressive Disorder?

15. What are the two phases of bipolar disorder?

16. List several statistics/facts about suicide.

17. Define personality disorders.

18. How can people with Antisocial Personality Disorder be dangerous to others?

19. What is Psychotherapy?

20. Complete the following chart on the types of psychotherapies commonly used.

Therapy Method	Main Technique(s)	Main Goal
Psychoanalysis		
Humanistic		
Cognitive		
Behavior		

21. List several advantages to group therapy.

22. What is Cognitive-Behavioral Therapy?