

## Unit 10: Psychological Disorders and Therapy

1. psychological disorder -
  - a. deviant -
  - b. distressful -
  - c. dysfunctional -
  - d. early theories about psychological disorders -
  - e. medical model -
  - f. biopsychosocial approach -
  - g. DSM-V -
  - h. people-first language -
  - i. Rosenhan study -
  
2. anxiety disorders -
  - a. Generalized Anxiety Disorder (GAD) -
  - b. Phobic Disorder -
  - c. Panic Disorder -
  - d. Obsessive-Compulsive Disorder (OCD) -
  - e. Post-Traumatic Stress Disorder (PTSD) -
    - i. post-traumatic growth -
  
3. Somatoform Disorders -
  - a. Conversion Disorder -
  - b. Hypochondriasis -
  - c. Body Dysmorphic Disorder (BDD) -
  
4. Dissociative Disorders -
  - a. Dissociative Identity Disorder -
  - b. Dissociative Amnesia -
  - c. Dissociative Fugue -
  
5. Personality Disorders -
  - a. Antisocial Personality Disorder -
  - b. Avoidant Personality Disorder -
  - c. Borderline Personality Disorder -
  - d. Dependent Personality Disorder -
  - e. Histrionic Personality Disorder -
  - f. Narcissistic Personality Disorder -
  - g. Paranoid Personality Disorder -
  
6. Mood Disorders -
  - a. Major Depressive Disorder -
  - b. Seasonal Affective Disorder (SAD) -
  - c. Bipolar Disorder -

7. Schizophrenia -

- a. positive symptoms -
- b. negative symptoms -
- c. Paranoid Schizophrenia
  - i. delusions -
  - ii. hallucinations -
- d. Disorganized Schizophrenia -
  - i. flat affect -
  - ii. word salad -
- e. Catatonic Schizophrenia -

8. Behavioral Therapy -

- a. Counterconditioning -
- b. Systematic Desensitization -
- c. Virtual Reality Exposure Therapy -
- d. Aversive Conditioning -
- e. Token Economy -

9. Biomedical Therapy -

- a. Psychopharmacology -
- b. Antipsychotic drugs -
  - i. tardive dyskinesia -
- c. Antianxiety drugs -
- d. Antidepressants -
- e. Lithium -
- f. Electroconvulsive Therapy (ECT) -
- g. Repetitive Transcranial Magnetic Stimulation (RTMS) -
- h. Psychosurgery -
  - i. Lobotomy -

10. Cognitive Therapy -

- a. Cognitive-Behavior Therapy -

11. Group and Family Therapy -

12. Humanistic Therapy -

- a. Insight Therapy -
  - i. Client-Centered Therapy -
    - 1. Active Listening -
    - 2. Unconditional Positive Regard -

13. Psychoanalytic Therapy -

- a. Interpretation -
- b. Resistance -
- c. Transference -