

Personality



Four Main Theories:

- **Psychoanalytic Theory**
- Humanistic Theory
- Social-Cognitive Theory
- Trait Theory

A person's pattern of thinking,
feeling and acting.







TAT Test

Thematic Apperception Test

- a projective test in which people express their inner feelings and interests through the stories they make up about ambiguous scenes
- Giving the subject a picture that is ambiguous (can have several meanings) and ask them what is occurring.
- Their answers supposedly reveal their unconscious

Rorschach Inkblot Test

- The most widely used projective test
- A set of ten inkblots designed to identify people's feelings when they are asked to interpret what they see in the inkblots.
- Look quickly at each of the next 10 inkblots. Write what you see in the spaces numbered 1-10 on your sheet.



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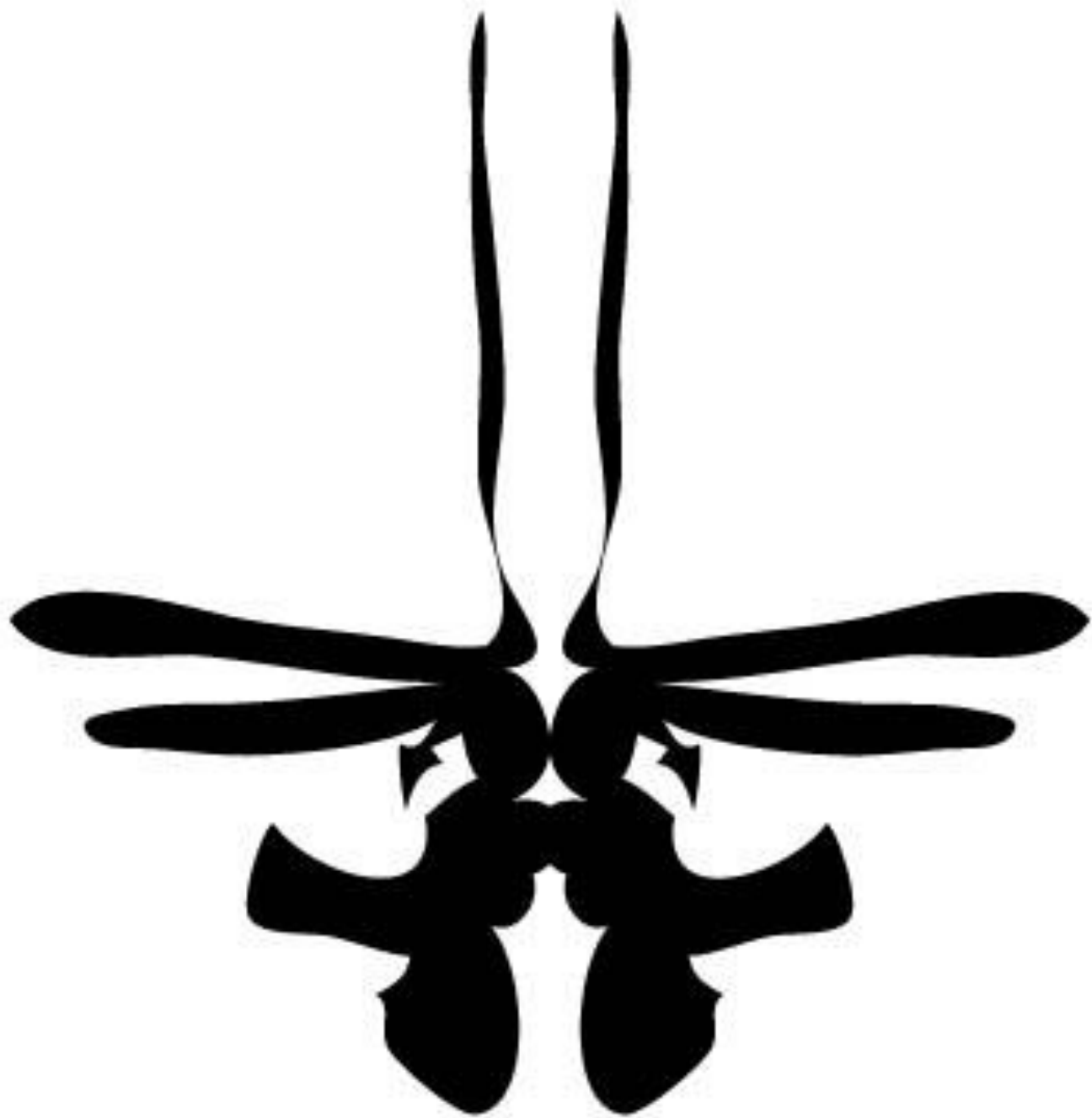


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What's Your STYLE?

**You probably see a main image or character in each inkblot.
Where is that main image in relation to the whole inkblot?**

- To the right of center – you focus on the future
- To the left of the center – you focus on the past
- In the center – you focus on the here and now
- In the dark blots – you think the way most people do
- In the white spaces – you are an unusual, perhaps creative thinker
- In the upper portions of the inkblot (or if you see your image moving upward) – you are an achiever
- In the lower portions of the inkblot (or if you see your image falling down) – you are sad about something

What's Your STYLE?

What kinds of images do you see most often?

- Inanimate objects – you are good at mechanical things
- Abstract ideas (like joy or freedom) – you enjoy dealing with ideas
- Plants or animals – you are a nature lover
- People – you are sociable
- Food – you like to take care of people or be taken care of
- Action – you are a doer rather than a thinker (or maybe you are both)
- Danger or aggression – you are angry or worried about something