

## Psychology

### Development Unit Task: A Timeline of My Life

#### SUMMATIVE assignment

You have been learning about what psychologists have to say about the human life cycle. Some theories that you have learned include Piaget's theory of cognitive development, Kolhberg's theory of moral development and especially Erikson's Stage theory. Your assignment is to create a book outlining the events of your life and your life to come and put them into a scrapbook. How are you going to do this? First, think about what you have learned about human development. How do you think this has played out in your life so far? How do you think it will play out in the future?

Put together a scrapbook on your life as it has happened so far and how you imagine it will be. The scrapbook should be no larger than 8 1/2 x 11 inches. It should have a cover.

**Page 1:** Title page. Name, period, etc. Decorate this page.

**Page 2:** Your birth. Where were you born? Who are your parents? Your culture? Your brothers and sisters? How are the circumstances of your birth significant to your life?

**Each page after that:** will be a **decade in your life** from 0 until death.

On each page you must include:

- At least 2-3 significant events that have happened or will happen to you that have had or will have an impact on your development as a person, with a few sentences about why they are significant. They should be in paragraph form.
- Illustrations. These can be drawn, photographs, pictures cut from magazines, or cartoon, etc.
- At the bottom of the page, you must put the stage or stages of development for that age according to Erikson (for example, on the page from age 20 to 30, you would write "Intimacy vs. Isolation" at the bottom). NOTE: Some decades will have more than one stage. Some decades will have the same stage as other decades.

**Final page:** You will write a one-page obituary for yourself. Who were the people who were at your bedside when you died? What do you want people to say about you after you are dead? What will you be most proud of in your life? What was your biggest regret? Were you happy with your life?

I know that you cannot predict the future—but you can imagine it. What will happen? What kind of future do you want to create? This is your big chance to imagine it! Imagine success! Of course, every life has unpredictable, unfortunate things that happen. Please keep these to a minimum when you imagine your future. You truly do create your own future.

Have fun with this assignment. See the rubric on the back for point values and guidelines.

This SUMMATIVE assignment is due the day of your exam.

It is worth 40 points - See backside for rubric.