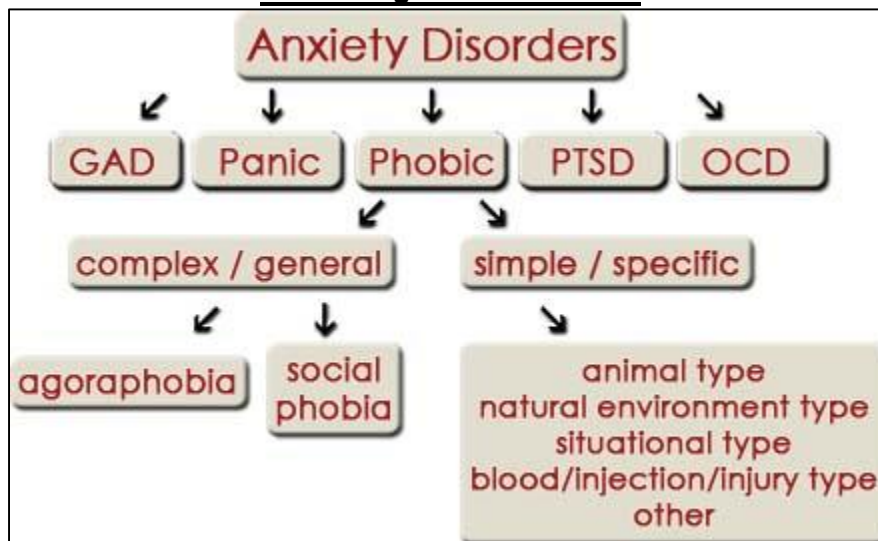


## Unit 10 Handout

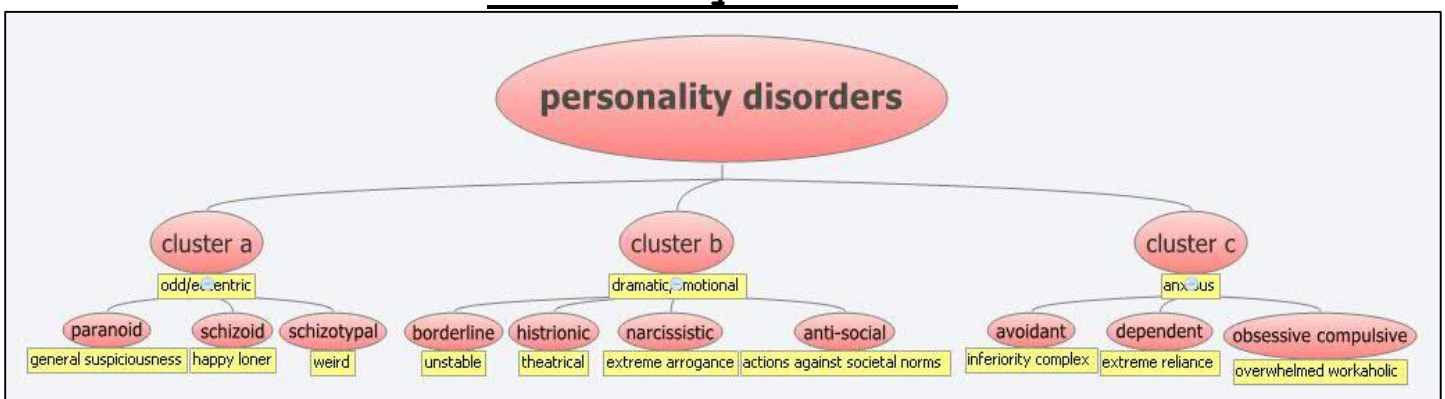
### Current Perspectives of Abnormal Psychology

Psychological Perspective	Cause of the Disorder
<b>Psychoanalytic/Psychodynamic</b>	Internal, unconscious drives
<b>Humanistic</b>	Failure to strive to one's potential or being out of touch with one's feelings
<b>Behavioral</b>	Reinforcement history, the environment
<b>Cognitive</b>	Irrational, dysfunctional thoughts or ways of thinking
<b>Sociocultural</b>	Dysfunctional Society
<b>Biomedical/Neuroscience</b>	Organic problems, biochemical imbalances, genetic predispositions

### Anxiety Disorders



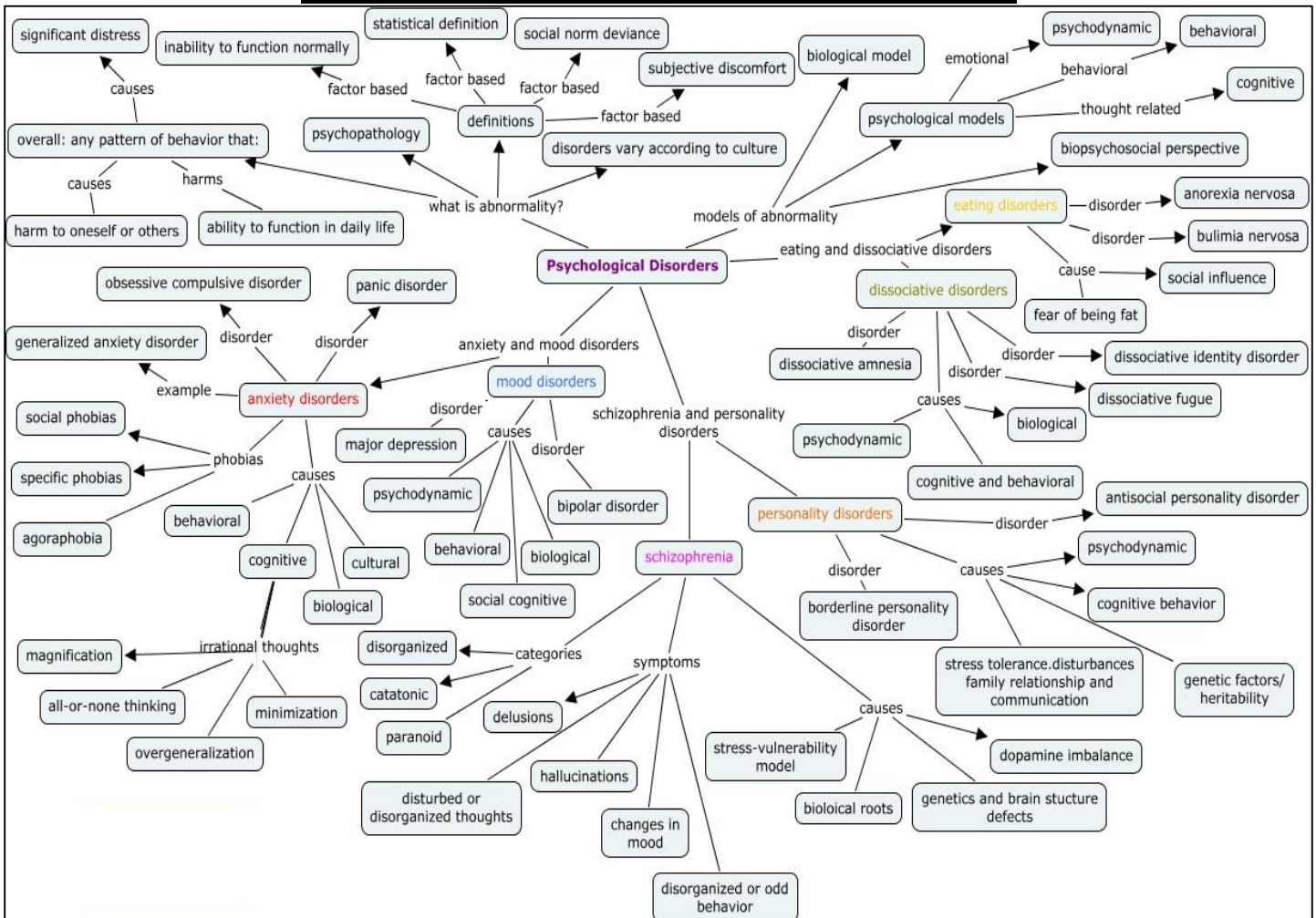
### Personality Disorders



# Schizophrenic Disorders

<b>Paranoid</b>	Delusions of persecution are prominent; intellectual functioning and affect are relatively intact, but auditory hallucinations are common. People with this subtype have the best prognosis for recovery.
<b>Disorganized</b>	Disorganized speech and behavior and flat or inappropriate affect are prominent.
<b>Catatonic</b>	Catatonic (bizarre, immobile, or relentless) motor behaviors are prominent.
<b>Undifferentiated</b>	Symptoms do not clearly fall into any of the above three subtypes.

## Psychological Disorders Concept Map



## Types of Therapy & Therapists

<u>Professional Title</u>	<u>Specialty and Common Work Setting</u>	<u>Credentials &amp; Qualifications</u>
Counseling Psychologist	Provides help in dealing with the common problems of normal living-relationships, child rearing, school problems. Typically counselors in schools clinics or other institutions	Depends on the state; minimum master's in counseling, but most commonly a PhD
Clinical Psychologist	Trained primarily to work with those who have more severe disorders, but may also work with clients having less severe problems. Usually private practice	Usually required to hold a PhD and state certificate
Psychiatrist	A specialty of medicine; deals with severe mental problems-most often prescribes drugs. May be private practice or employed by clinics and mental hospitals	MD; licensed by medical board
Psychoanalyst	Practitioners of Freudian therapy. Usually in private practice	MD
Psychiatric Nurse Practitioner	A nursing specialty; licensed to prescribe drugs for mental disorders. May work in private practice or in clinics and hospitals	Requires RN credential plus specialty training
Clinical or Psychiatric Social Worker	Social workers with a specialty in dealing with mental disorders, especially from the viewpoint of social and environmental contexts	MSW-Masters of Social Work
Pastoral Counselor	A member of a religious order or ministry who specializes in treatment of psychological disorders	Varies