

Who Are You?

We have covered a broad range of personality theories. You will **create a poster, diorama, or mask** showing who you are through the lens of the following theories:

Psychoanalytic: What events in your childhood shaped you? Do you have any “fixations” that developed during the oral, anal or phallic stages? How did you potty train, and has that influenced your personality? What defense mechanisms do you use when your id, ego and superego can't be reconciled?

Humanistic: Where are you on Maslow's Hierarchy of Needs? What will self-actualization look like for you? Show your real self vs. your ideal self. Do you have a personality conflict as a result of the disparity between the two?

Trait: Based on the Kiersey Personality Inventory, what kind of person are you? Which of the Big Five Factors most apply to you? (You will have to take these personality tests to complete this part).

Social-Cognitive / Behavioral: In what ways does your environment affect you? In what ways do you affect the environment?

You may draw pictures or use cut outs from magazines or the internet. Your poster/diorama/mask should include a “key”: 2 page write up including:

- 1) A description of the personality that the poster/diorama/mask represents, including the symbols you have used to represent the different aspects of the personality.
- 2) Your reflections on the process of creating the poster/diorama/mask, and the outcome (how was it and how happy are you with the mask).
- 3) Your comments on perception of personalities, the potential differences between how we see ourselves and how others may see us.

Have fun and be creative!!

The class posters/dioramas/masks will be displayed for people to see (with no identifying student details). So put your names on the back of the poster/diorama/mask.

Marking criteria for personality mask project:

a. Poster/diorama/mask: meaningful and reasonable design	30%
b. Write-up:	10%
-Easy to read, accurate use of language	
-Clear and relevant description of the personality and the symbolic aspects of the poster/diorama/mask	20%
- Meaningful reflection on process and outcome	20%
- Discussion on personality perception differences	20%