# Emotion Theory Poster Project

This project is intended to assess your understanding of the three theories of emotion we have discussed in class, as well as your effort and creativity!

### The Task:

- 1. Select an emotion.
- 2. Create an original poster depicting how each of these three theories would explain our experience of that emotion:
  - a. James-Lange
  - b. Cannon-Bard
  - c. Singer-Schachter's Two Factor

<u>Note</u>: Think about your poster as an instructional tool. Someone who doesn't know much about emotion theory should be able to look at it and gain understanding of what each of these theories are, as well as the emotion you are illustrating.

### Parameters:

- I'll provide the paper.
- You may use any combination of text, images, and diagrams, so long as you can convey the information needed.
- All illustrations and artwork should be original (no clip art or graphics created by someone else). You may use computer-generated images, but they must be your own work (not manipulated versions of someone else's work).

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