Perspective Hand Chart / Perspective Key Words

Perspective: **Behavioral**

Theorists: Bandura, Skinner, Pavlov,

Watson

Assoc. Words: rewards and

punishments, reinforcement, shaping, learned, behave, consequences, observe,

watch, imitate

Perspective: Cognitive

Theorists: Piaget

Assoc. Words: thinking, processing, interpreting, evaluating, remember, forget, thoughts, visualize, memory,

perceive

Perspective: <u>Humanistic</u> Theorists: Rogers, Maslow

Assoc. words: UPR

(unconditional positive regard), love, self-actualization, selfconcept, ideal-self, growth, self-

image, potential, peace

Perspective:

Psychodynamic/Psychoanalytic

Theorists: Freud, Jung

Assoc. Words: dreams, sexual, past, unconscious, childhood, defense mechanisms, desires

Perspective: <u>Biological</u>

(Neuroscience)

Theorists: Gazzaniga
Assoc. words: chemical,
neurotransmitters, drugs,
mapping of the brain,
lobotomy, brain chemistry,
hormones, genetic

predisposition, physically, neuroscience, emotions,

sensations

Perspective: <u>Evolutionary</u>

Theorists: Darwin (survival of the

fittest) and Locke (tabula

rasa...blank slate)

Assoc. Words: ever-changing situation, evolving, continuous change, genes, survival, instinct



Perspective: Sociocultural
Theorists: Darwin
Assoc. words: social
environment, peers, social
change, different cultures,
gender, ethnic groups, culture,
material goods, family, friends,
gender