

Module I: Psychology's Approaches—Practice Free Response Question



John “Bluto” Blutarsky is a seventh-year sophomore at Faber College. Bluto is a member of Delta Tau Chi—a fraternity known for mayhem, poor academics, and generally distasteful behaviors. Bluto is especially known for his participation in toga parties, regular binge drinking, campus pranks, and starting food fights.

Dean Wormer, the leader of Faber, would like to expel Bluto because of his 0.0 grade point average. Unfortunately, campus medical staff believes Bluto suffers from possible psychological disorders. Dean Wormer has enlisted you—a promising student psychologist—to evaluate and possibly offer an approach to treatment for Bluto.

Your assignment is to begin an evaluation of Bluto’s possible disorder based on the seven psychological approaches. Remember, for each approach you should use the DEA method for FRQs: 1) Define the approach, 2) Give an example or the focus of the approach, and 3) Apply the approach (if possible) to the given situation. The seven approaches are listed below:

1. Behavioral -
2. Biological -
3. Cognitive-
4. Evolutionary -
5. Humanistic -
6. Psychodynamic -
7. Socio-cultural -