

Erik Erikson's Stage of Psychosocial Development

Modules 8 (Pages 116-121), 9 (Pages 128-132), & 10 (Pages 139-143)

- Each stage of life presents a conflict that must be resolved.
- These are important turning points in development.
- If issues are not dealt with, they will continue to plague the person until they are resolved.
- The way you resolve a crisis will impact future interactions

STAGE	AGE	CRISES	POSITIVE OUTCOMES	NEGATIVE OUTCOMES
Trust vs. Mistrust	0-1	Is the world predictable and supportive?	Secure attachment Basic Trust Hope	Mistrust Social withdrawal Insecure Attachment
Autonomy vs. Shame and Doubt	2-3	Am I self-sufficient or must I rely on others? "NO"	Confidence Independence Coping skills	Shame Doubt Compulsion Impulsivity
Initiative vs. Guilt	3-6	Am I good or bad? Will I feel guilty for trying new things? "Why"	Acceptance of rules Imagination Positive risk-taking	Guilt Dependence Lying
Industry vs. Inferiority	7-12	Am I successful or am I worthless? How can I function in comparison to others?	Competence Productivity Confidence	Inertia Inferiority Complex Giving up
Identity vs. Role Confusion	12-18	Who am I? What is my place in society?	Positive self-image Self-confidence Sense of self Happiness with choices	Role confusion Withdrawal Rebellion Identity Crisis
Intimacy vs. Isolation	20-30	Am I able to become close with others, but still maintain my sense of self? Marriage	Love Companionship Partnership	Promiscuity Isolation Loneliness
Generativity vs. Stagnation	30-50	Am I able to give love and attention beyond myself? Have I nurtured the next generation?	Satisfaction Accomplishment	Self-absorption Boredom Mid-Life Crisis
Integrity vs. Despair	50s +	How do I deal with the end of my career? Am I still useful? How do I cope with loss?	Satisfaction with life Objectivity	Preoccupation with past failures and decisions

What Could Cause Fixation at Each Stage?

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Think of common situations that occur at each life stage. Discuss how the response from parents, peers, the environment or a partner could contribute to progression from or fixation in each stage.

STAGE	AGE	CONFLICT	POSITIVE RESPONSE	NEGATIVE RESPONSE
Trust vs. Mistrust	0-1			
How Does Mary Ainsworth's Strange Situation Experiment (https://www.youtube.com/watch?v=gIjyEHad6BU) Tie Directly to Trust vs. Mistrust? Focus on the idea of a Secure Attachment.				
Autonomy vs. Shame and Doubt	2-3			
Initiative vs. Guilt	3-6			
Industry vs. Inferiority	7-12			
Identity vs. Role Confusion	12-19			
Intimacy vs. Isolation	20-30			
Generativity vs. Stagnation	30-50			
Integrity vs. Despair	50s +			