- Fixed Ratio (FR) = Responses
 - reinforces a response only after a specified number of responses
 - faster you respond the more rewards you get
 - different ratios
 - very high rate of responding
 - like piecework pay

- Variable Ratio (VR)
 - reinforces a response after an unpredictable number of responses
 - average ratios
 - like gambling, fishing
 - very hard to extinguish because of unpredictability

- Fixed Interval (FI) = Time
 - reinforces a response only after a specified time has elapsed
 - response occurs more frequently as the anticipated time for reward draws near

- Variable Interval (VI)
 - reinforces a response at unpredictable time intervals
 - produces slow steady responding
 - like pop quiz

Cognition and Operant Conditioning

Cognitive Map

- mental representation of the layout of one's environment
- Example: after exploring a maze, rats act as if they have learned a cognitive map of it

Latent Learning

 learning that occurs, but is not apparent until there is an incentive to demonstrate it

Cognition and Operant Conditioning

- Overjustification Effect
 - the effect of promising a reward for doing what one already likes to do
 - the person may now see the reward, rather than intrinsic interest, as the motivation for performing the task

Cognition and Operant Conditioning

- Intrinsic Motivation
 - Desire to perform a behavior for its own sake and to be effective
- Extrinsic Motivation
 - Desire to perform a behavior due to promised rewards or threats of punishments